



# Do What You Are!

## Myers-Briggs Type Indicator® Workshop

Participants in this workshop will have the opportunity to take the Myers-Briggs Type Indicator® (MBTI) and learn how to utilize this powerful tool to gain a deeper understanding of the role of personality type in career choice and exploration.

- Explore Suitable Careers
- Identify Personal Strengths and Potential Weaknesses
- Learn Effective Job Search Techniques
- Get a Better Understanding of Yourself and Others



"Whatever the circumstance of your life, the understanding of type can make your perceptions clearer, your judgments sounder, and your life closer to your heart's desire"

Isabel Briggs Myers

**To Register for this FREE Workshop, contact the American Job Center Office Nearest You Today**



Danielson	95 Westcott Road • 860-412-7000
Willimantic	1320 Main Street, Tyler Square • 860-450-7603
New London	Shaw's Cove Six • 860-439-7670 option 6
Norwich	113 Salem Turnpike, North Bldg., Suite 200 • 860-859-5777

**To learn more about the wide range of workshops available, visit [www.ewib.org](http://www.ewib.org) or [www.ct.gov/dol](http://www.ct.gov/dol)**

**Note: Not all workshops are available every month. Certain workshops may require a minimum number of participants to avoid cancellation. Please check the monthly calendar for availability.**

*This program is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.*